

White Dragon Martial Arts of New Hampshire

Bill Gregory's Kajukenpo Karate/ Pai Lum Kung Fu & Tai Chi

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www.kajukenpopailum.com

"Kick for Cancer 2010"

Dear Sifu/Sensei,

On behalf of Grandmaster Georganne Verigan, White Dragon Martial Arts is proud to be hosting the 21st Annual Bill Gregory's Kajukenpo Pail Lum Federation "**Kick for Cancer**" open martial arts tournament on **Saturday April 10, 2010** at the Gilmanton School on Route 140 in Gilmanton Iron Works, NH.

It is only through the participation and cooperation of New Hampshire's and New England's finest instructors and students that "**Kick for Cancer**" is successful. For the past 21 years, we have come together in the spirit of competition and good sportsmanship to raise funds for hospice.

I encourage each of you to also participate this year. There will be awards for 1st, 2nd, and 3rd place competitors and ribbons for all participants. I will also have extra awards available for those students who have shown extraordinary efforts in overcoming life's challenges to train in the Way of the Dragon. If you know of such a student, please let me know and I will set aside a awards just for them....

This year's event breaks down as follows:

Years of training:

Beginner (less than 1 year)
Intermediate (1-2 years)
Advanced (2+ years)
Black Belt and Advanced Black Belt

Divisions:

Pee wee → 6 and under
Junior → 7-8, 9-11
Pre-teen → 12-13
Teen 14-16 +
Adult 17
Black Belt, Jr. BB, Adv BB

Events

Traditional Forms (kata)

Sparring (Head, foot & hand gear, cup and mouthpiece required for **ALL** competitors)

Traditional Weapons (advanced [2+ years training experience] & black belt only)

NO "live" edged weapons

Added Divisions for sparring -

Girls 12-13, 14-16 Adult women 17+, Women's Black Belt, and Senior Black Belt 41+

Self Defense - + 18 years old, Brown and Black Belt **ONLY**.

Self defense event is a demo event open to Brown and Black Belts age 18 years and older **ONLY**.

Demonstrators **MUST** provide their own attacker and attacks can be with or without takedowns:

Kicks / Punches / Grabs – from the front or from the rear / Chokes – from the front or from the rear / knife and/or gun attack (**SAFE weapons will be provided by KFC Staff ONLY**)